

The Power Profile Framework

Five dimensions to read how any powerful woman actually operates — and a worksheet to map your own.

QUEENS & SCHEMES

Power isn't one thing. The women who build lasting influence are strong across a specific set of dimensions — and so can you be, deliberately.

The 5 pillars of power

Pillar	The question it answers	How to build it
Wealth	Do I control resources and options?	Income streams, ownership, leverage over time
Intellect	Do I see further and think sharper?	Deep reading, strategy, learning from history
Charisma	Do people want to move with me?	Presence, communication, trust-building
Myth	What story travels when I'm not in the room?	Reputation, positioning, a clear narrative
Ruthlessness	Will I protect the mission when it's hard?	Boundaries, decisive choices, no over-apologizing

How to use it: read a powerful woman

Pick a woman you admire — historical or living. Score her 1–5 on each pillar. You'll quickly see her **signature** (where she's a 5) and her **edge** (the pillar that made her unstoppable). That signature is a strategy you can study and adapt.

Insight: almost no one is a 5 across all five. Influence comes from being undeniable in two or three — not average in all of them.

Now map yourself

Wealth: __ / 5 Intellect: __ / 5 Charisma: __ / 5 Myth: __ / 5 Ruthlessness: __ / 5

My strongest pillar (my signature): _____

The pillar I'll build this quarter: _____

One move I'll make this week to build it: _____

Your next step: Pick the one pillar holding you back and treat it like a project for 90 days. Power is built on purpose, not given.